

## THE WELL OUTREACH RESOURCE GUIDE

### EMERGENCY SERVICES

Agency	Description	Contact	Address
911 Emergency	Emergency only calls	911	
Tennessee Suicide Prevention Network	Suicide Prevention	855-CRISIS-1 855-274-7471 Text:741741	
National Suicide Hotline	Suicide Prevention	1-800-273-TALK	
Dawson McAllister (Youth) Hotline	Christian youth counseling	<a href="http://Thehopeline.com">Thehopeline.com</a>	Live chat with hope coaches Variety of information on teen topics
Domestic Violence Helpline	Helpline for domestic violence	1-800-356-6767 - Tennessee 1-800-787-3224 - National	
Child Abuse Hotline	Report suspected child abuse, neglect or exploitation	1-877-237-0004 <a href="https://apps.tn.gov/carat">https://apps.tn.gov/carat</a>	1
Center of Hope near Columbia	Domestic Violence help	931-381-8580	110 E. 7th Street Columbia, TN
Centerstone Mobile Crisis	Mental Health Crisis Intervention 24/7/365	1-800-681-7444	
American Red Cross Columbia	provides blood services, first aid, CPR, disaster relief	931-388-3500	302-B West 7th St Columbia, TN 38401
American Red Cross Franklin	provides blood services, first aid, CPR, disaster relief	615-790-5785	129 W. Fowlkes St. Franklin, TN 37064

### GOVERNMENT ASSISTANCE

Agency	Description	Phone	Address
211	free service that connects you to local resources	211 or 800-318-9335 <a href="http://uw211.org">uw211.org</a>	
State Health Insurance	assists with questions Medicare	931-379-2929	101 Sam Watkins Blvd.
Dept of Human Services Columbia	help with food stamps, Medicaid & TennCare etc. Mon-Fri 8am-4pm	931-380-2552	1400 College Park Ste. B Columbia, TN 38401
Dept of Human Services Williamson County in Franklin	help with food stamps, Medicaid & TennCare etc.	615-790-5500	203-b Beasley Dr Franklin, TN 37064
TBI Medicaid Fraud	ensure TennCare residents receive safe, quality care	1-800-433-5454	
Division of Healthcare Facilities	Report problems with Healthcare professional or facility	1-877-287-0010	
Dept. of Intellectual & Developmental Disabilities Investigations (DIDD)	report abuse of people with special needs	1-888-633-1313	
Legal Aid Society of Middle Tennessee & the Cumberland	food stamps assistance	615-780-7130 1-800-238-1443 <a href="http://www.las.org">www.las.org</a>	1321 Murfreesboro Pike, Ste 400 Nashville, TN 37217

### FOOD

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Agency	Description	Phone	Address
The Well Outreach	Tues, Wed and Thursday 10am-2:00pm, 6:00 - 8:00pm Saturday 10:00am - 2:00pm	615-302-9355 <a href="http://www.springhillwell.org">www.springhillwell.org</a>	5306 Main St. Spring Hill, TN 37174
Breakfast & lunch for Williamson County School families. During Inclement Weather when SACC is open	Breakfast 8am-10am Cost \$2 Lunch 10:30am-1pm Cost \$3	615-472-4990 <a href="http://www.collegegroveumc.org">www.collegegroveumc.org</a>	Heritage Elementary & Longview Elementary
College Grove Community Food Pantry	Sat. 9-10:30am	615-368-2111	8568 Horton Hwy College Grove, TN 37046
Harvest Share Food Pantry	M-F 10am-2pm	931-381-4285 <a href="http://www.harvestshare.com">www.harvestshare.com</a>	419 West 9th Street Columbia, TN 38401
Family Center	Tue-Fri 9am-4:30pm serves all Maury County	931-388-3840 <a href="http://www.familycenter.org">www.familycenter.org</a>	921 Beckett St. Columbia, TN 38401
Pleasant Heights Baptist Church	Wed. 10am-6pm by appointment	931-388-6453	2712 Trotwood Ave. Columbia, TN 38401
Grace Works Ministries	M-Sat 9am-4pm	615-794-9055	104 Southeast Parkway
First Presbyterian Church Lewisburg	as-needed basis, once per family, per 90 days for city of Lewisburg residents, must qualify	931-359-3398 <a href="http://www.fpclewisburg.org">www.fpclewisburg.org</a>	122 2nd Ave N Lewisburg, TN 37091
Faithworks	Wed. 9am-12pm Thur. 3pm-5pm	931-379-3520	201 S. Main St. Mt. Pleasant, TN 38474
Maury Senior Center	1020 Maury County Pk. Columbia TN, 38401	931-380-3950	

**HOUSING**

Agency	Address	Phone	Hours
Williamson County Homeless Alliance (emergency sanctuary)	Franklin 1st United Methodist Church 120 Aldersgate Way Franklin, TN 37069	Call or text Kevin Riggs 615-440-7553	open when outside temps are: 90 degrees or above 32 degrees or below
Emergency Homeless Shelter (Precious Chosen and Blessed Mission)	1202 S. James Campbell Blvd. Columbia, TN 38401	931-223-8411	
Columbia Housing	201 Dyer St. or 512 Ryan Place or 306 N. James Campbell Blvd. Columbia, TN 38401	931-388-5203 931-490-4451 931-381-6040 <a href="http://www.chatoday.org">www.chatoday.org</a>	
Place of Hope Halfway House	105 N. James Campbell Blvd. Columbia, TN 38401	931-388-9406 <a href="http://www.placeofhopetn.org">www.placeofhopetn.org</a>	Open 24 hrs.
Family Center	921 Beckett St. Columbia, TN 38401	931-388-3840 <a href="http://www.familycenter.org">www.familycenter.org</a>	
Franklin Housing Authority	100 Spring St. Franklin, TN 37064	615-497-1247	

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Lewisburg Housing Authority	744 Bark St. Lewisburg, TN 37091	931-359-4517	
Mt. Pleasant Housing Authority	138 Thomas Circle Mt. Pleasant, TN 38474	931-379-5811	

**JOB ASSISTANCE**

Career Center	Northway Shopping Center 119 Nashville Hwy, Ste. 106 Columbia, TN 38401	931-490-3800 <a href="http://www.sctworkforce.org">www.sctworkforce.org</a>	Mon - Fri 8am - 4:30pm
Workforce Essentials	118 Seaboard Ln. Franklin, TN 37064	615-370-6004	
Maury County American Job Center	119 Nashville Hwy. Suite 106 Columbia TN, 38401	931-490-3800	

**CLOTHING**

Agency	Address	Phone	Hours
Goodwill Industries	1008 Nasdaq St Spring Hill, TN 37174	615-392-7766 <a href="http://www.giveit2goodwill.org">www.giveit2goodwill.org</a>	Sun. 12pm-6pm Mon.-Fri. 9am-8pm Sat. 8am-8pm
Goodwill Industries	405 S. James Cambell Blvd.	931-548-3338	Sun. 12pm-6pm
Graymere Church of Christ	1320 Trotwood Ave Columbia, TN 38401	931-388-4796 <a href="http://www.graymere.com">www.graymere.com</a>	Thursday only 8am-11am Closed June & July
The Good Samaritan	131 E. Commerce St. Lewisburg, TN 37091	931-359-4806	Tues. 9am-5pm

**PREGNANCY**

Agency	Address	Phone	Hours
The Pregnancy Center Spring Hill	2206 Spedale Court, Ste. 4	615-302-2200	Tues & Wed 9am-4pm
The Pregnancy Center Columbia	704 Dunnington St. Columbia, TN 38401	931-381-4024 <a href="http://www.pcofmt.com">www.pcofmt.com</a>	Tues - Thur 9am-4pm

**EYE GLASSES**

Agency	Address	Phone	Hours
Lions Club	921 South Beckett St Columbia, TN 38401	615-388-3840	

**HOME REPAIR**

Agency	Address	Phone	Hours
Habitat for Humanity Williamson & Maury County	511 West Meade Blvd Franklin, TN 37064	615-550-5680 <a href="http://www.hfhwm.org">www.hfhwm.org</a>	

**DENTAL ASSISTANCE**

Agency	Address	Phone	Hours
Maury County Health Dept. Dental Dept.	1909 Hampshire Pike Columbia, TN 38401	931-388-5757	Mon - Fri 8am-4:30pm
Center for Dental Health	1300 Hatcher Lane, Ste. 6 Columbia, TN 38401	931-840-8890	
Cayce Dental Clinic	617 S. 8th St. Nashville, TN37206	615-226-1695	

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Matthew Walker Clinic	1035 14th Ave. N Nashville, TN 37208	615-327-9400	
Edge Hill Family Clinic	1501 12th Ave. S Nashville, TN 37208	615-269-3461	
Napier-Sedekum Dental Clinic	451 Murfreesboro Pike Nashville, TN 37210	615-732-0505	Mon - Fri 8am - 5pm
TSU Dental Clinic	Main Campus, Clement Hall 3500 John A. Merritt Blvd. Nashville, TN 37209	615-963-5791 <a href="http://www.tnstate.edu/dentalhygiene/clinic.aspx">www.tnstate.edu/dentalhygiene/clinic.aspx</a>	Mon - Fri 8:30am - 4pm call to schedule appt during these hours, Aug thru July
Meharry Dental Clinic		615-327-6900	
Meharry Orthodontic Clinic		615-327-6303	

**Mattresses for Children**

A Hope to Dream	4120 Air Trans Road Memphis, Tn 38118	<a href="http://www.ahopetodream.com">www.ahopetodream.com</a> email: <a href="mailto:ahopetodream@ashleyfurniture.com">ahopetodream@ashleyfurniture.com</a>	mattresses for children 3-16: must apply online at website
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**Electric Bill Assistance - Maury County**

Maury County Good Samaritan		931-388-3840	
South Central Human Resources	5021 Trotwood Ave. Columbia TN, 38401	931-433-7182	

**Health Care**

Mercy Health	1113 Murfreesboro Rd. Franklin TN, 37064	(615) 790-0567 <a href="https://mercytn.org/">https://mercytn.org/</a>	Mon-Fri: 8:00am-5:00pm; Sat: 9:00am-2:00pm
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